**Daybreak University**

**Research Plan**

**Name: Date:**

Daybreak University takes research questions that arise from clinical settings (therapists’ experiences), and through academic research on those questions, pursues the “Scientist-Practitioner” education model which applies research results back to clinical settings, and the “Self of the Therapist.” That is, it aims toward an education paradigm that is based on Isomorphism.

In other words, the therapist deeply understands and perceives that the Self of the Therapist, that is him or herself (including marital relationship/ parent-child relationship/ unresolved issues with the family of origin), is interconnected with her counseling and research. Furthermore, she pursues the highest degree of expertise by simultaneously achieving her counseling and research at the same time as her own personal healing and growth.

\*Please answer the following questions while considering the connection between the research topic, the therapist’s counseling (the therapist’s relationship with the client), and the therapist him or herself **(3 pages, double spaced, 12 pts.)**

**1. In which research topic do you currently have the most interest? Please briefly describe your research plan.** (Ex: how the husband’s relationship with his mother affects his own marital relationship, how the parent’s marital relationship affects their daughter’s spouse selection, family, married couples, child upbringing, sex, addiction, suicide, childhood, adolescence, middle age, therapist development, etc.)

**2. Why did you become interested in this research topic?**

**\*Please describe while considering your own issues, self-understanding, and growth as a therapist. (Self of the Therapist.)**

**3. What is the current setting of your counseling? Who is the main subject of your counseling? Furthermore, who do you intend as the main subject of your counseling in the future? (Ex: sexual assault perpetrators, newlyweds, married couples with one retired spouse, adult children of alcoholic families, etc.)**